



MIND - BODY - RELATIONSHIPS

A WORKSHOP ON CULTIVATING MINDFULNESS IN CLASSROOMS

Registration Form

*NAME IN FULL			
AGE			
*DESIGNATION			
*NAME OF SCHOOL /ORGANIZATION			
*Which Age Group do you work with? (Tick as applicable)	<input type="checkbox"/> Elementary/ Early Years <input type="checkbox"/> Pre-Primary & Primary <input type="checkbox"/> Middle School <input type="checkbox"/> High School		
*CITY			
*OFFICIAL EMAIL ID			
*MOBILE NUMBER			
REGISTRATION FEES			
Registration Fees	INR 1250 (Teachers) INR 1500 (Others)		
*MODE OF PAYMENT	Cheque/DD /NEFT details Bank Amount		
Cheque/Cash			
Demand Draft			
Direct Transfer			

* *Mandatory fields*

Bank Details for Transfer

Name EvolveED
Current A/c No. 50200002633364
Bank Name HDFC Bank
IFSC No. HDFC0000184
Branch Indiranagar
EvolveED Office address 796/A, 7th cross, 10th Main, Indiranagar, 2nd stage, Bangalore - 560038

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Speaker short profiles and topics:

1. **Fathima Khader:** Founder EvolveED, Mindfulness Educator, Self - Compassion Practitioner & Parent Consultant

Topic: Skilful attention in classrooms / Paying attention to attention

2. **Dilip P Patel & K N Malathi:** Certified Zentangle® Trainers, Corporate Trainers, TedX

Topic: Zentangle® Way to Mindfulness

<i>Time</i>	<i>Agenda</i>
08:30 – 09:00	Registration and Seating
09:00 - 09:15	Welcome Message Ms. Fathima Khader - Founder EvolveED Mr. Suprio Guharoy - CEO Indo Asian Group of Institutions
09:15 - 09:45	Address by the Keynote speaker Ms Pritam Benjamin - Educator, Former principal Indus International School, NFL & Inventure Academy
09:45 - 10:00	A Psychological Perspective Attention, Mental wellness amongst children & Enhancing focus in Indian classroom set up
10:00 - 10:15	Group Mindfulness Practice Mindful Movement
10:15 - 10:30	Introduction of the Workshop Facilitators
10:30 – 10:45	Tea Break
10:45 - 12:45	Morning Workshops Breakout sessions 1 and 2
12:45 -13:30	Lunch & Networking
13:30 - 15:30	Afternoon Workshops Breakout sessions 1 and 2
15:30 - 15:45	Group Mindfulness Practice Wisdom of gratitude and Mindful Appreciation
15:45 - 16:00	Tea Break
16:00 - 16:30	Sharing learning, Q & A and Wrap up
16:30	Dispersal

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WORKSHOPS Pre-requisites

- The participants can be Academic Coordinators, Teachers (all grades) or anyone working with children.
- You may also register through [Events High](http://go.eventshigh.com/d8sjn), go to <http://go.eventshigh.com/d8sjn>
- Once the Form is filled and payment made, please attach and send on email to; seminar.awaken@gmail.com. You will then receive an acknowledgement from us.

Terms and Conditions

- The Workshop can accommodate only 100 participants. Seats will be blocked on first-come first-served (FCFS) basis.
- No refund on cancellations will be entertained, however you may send a substitute.
- The organising committee has the right to refuse admission if any of the terms are violated.
- Registrations will close on 25th January 2019.

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