

MIND - BODY - RELATIONSHIPS

## A NATIONAL SEMINAR ON MINDFULNESS IN SCHOOLS

# **REGISTRATION FORM**

NAME				
AGE				
DESIGNATION				
NAME OF SCHOOL				
SCHOOL BOARD (IB, CBSE, ICSE etc.)				
CITY				
EMAIL ID				
MOBILE NUMBER				
REGISTRATION FEES				
Online registrations for Schools	INR 450			
Online registrations for Professionals (not working in schools)	INR 600			
MODE OF PAYMENT	Cheque/DD & Accor	unt No.	Bank	Amount
Cheque				
Demand Draft				
Direct Transfer				

## **Bank Details For Transfer**

Name EvolveED

Current A/c No. 50200002633364

Bank Name HDFC Bank

IFSC No. HDFC0000184

Branch Indiran agar

EvolveED Office address 796/A, 7th cross, 10th Main, Indiranagar, 2nd stage, Bangalore -

560038







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#### **WORKSHOPS**

	Top <mark>ic</mark>	Facilitator	Please Tick any 2
Workshop 1	Listening with Intent & Presence	Fathima Khader	
Workshop 2	Mind-body-food-soul: Paying attention to oneself	Shamira Pujani	
Workshop 3	Emotional competence through Mindfulness	Baijesh Ramesh	
Workshop 4	Zentangle way to Mindfulness	Dilip Patel	
Workshop 5	Pause - Bringing in Mindfulness with children	Jayashree Ashok	

### **Pre-requisites**

• The individual should be a School head, owner of a school, school teacher, head of department of a school, educator or a post-graduate student of psychology.

### **Terms and Conditions**

- The Seminar will accommodate only 250 participants. Seats will be blocked on first-cum-first basis.
- Priority for the preferred workshops would be given to those who have payed full registration fees and no changes would be made at the venue with respect to the prior selected workshops.
- No refund on cancellations.
- The organising committee has the right to refuse admission if any of the terms are violated.



